

Climbing notation



Asphalt road
Dirt track

gradient < 12 %
gradient < 12 % smooth



Asphalt road
Dirt track
Singletrack

gradient > 12%
gradient > 12% smooth – few rocks
gradient < 12 % smooth – wide (> 50 cm)



Dirt track
Singletrack

gradient 12-20 %
gradient 12-20 % hard – rocky – narrow – camber
push < 500 m of the total distance



Singletrack

gradient >20% really hard – steps – roots – hairpin bends
push long
MTB portage < 500 m of elevation gain



Adventurous

MTB portage > 2hours
one free hand to hold or pull yourself

Downhill notation



Dirt track > 1 m
Gradient < 20 %
Obstacles 0
No camber – Wide curves



Track ± 1 m
Gradient 20-30 %
Obstacles < 15cm
No camber – Tighter curves



Singletrack < 90 cm
Gradient < 30 %
Obstacles < 30 cm
Low camber – short steep sections – Hairpin bends



Singletrack < 50 cm
Gradient > 30 %
Obstacles > 30 cm
Long and hard cambers – Trial skills useful – Tricky hairpin bends



Singletrack < 30 cm
Gradient > 45 %
Obstacles > 50 cm
Only for trial masters

Risk notation



Track Wide
Obstacles None
Falls Minor



Track Narrow
Obstacles Few
Falls Kinetic Mountain Rescue might be needed



Track Really narrow –steep slopes / small cliffs alongside
Obstacles Many
Falls Kinetic Mountain Rescue might be needed



Track None with cliffs alongside
Obstacles Everywhere
Falls Forbidden Mountain rescue needed